



## EMERGENCY INFORMATION SCHEME

The Bottle In The Fridge (BIF) is a safety scheme intended for use by any vulnerable person whilst living at home. Should an accident or sudden illness occur, the pack alerts the emergency services to important information such as medical conditions, current medication, emergency contact name and telephone number.

Caring Hands Charity supply BIF packs to Newcastle upon Tyne area only.

### *How does the scheme work?*

Your details are kept in the plastic container, which is then stored in your fridge. The two special green and white emergency data link stickers contained in the bottle are placed inside your house, these are known to the emergency services and other caring agencies.

To prevent identification of a vulnerable person living in the property, stickers should **never be placed on the exterior of the property.**

### *What do you have to do?*

1. Complete the form in biro pen.
2. Attach a photo of the person to the form for ease of identification.
3. Attach a copy of the tear off information from a repeat prescription to the form and keep it updated.
4. Regularly update the form with any new information such as, change of medication.

### *A Few Simple Steps To Follow:*

1. Place the completed form (s) in the plastic container provided.
2. Store the container in the fridge.
3. Put a green sticker on the **outside of the fridge** and do not cover it.
4. Put the other sticker **inside** the hallway near the front door, where it can be easily seen, eg. above the light switch.
5. If more than one member of the household suffers from an illness or allergy, all forms can be kept **inside one container**, each form must have a small photograph attached.
6. A copy of the form can also be kept in the person's wallet or handbag to carry with them if they go out.

For further information contact Caring Hands Charity, 34 Wretham Place, Shieldfield, Newcastle upon Tyne, NE2 1XU, tel. 0191 261 5234, [www.caringhandscharity.org.uk](http://www.caringhandscharity.org.uk).

The Bottle In The Fridge Scheme is supported by various agencies including: Fire & Ambulance Services, The Police, Social Services and Health Authorities.